

# Buckingham County Recreation



2010

# Summer Programs

### District Girls Softball Tournament

TEAM	LOCATION	DATE
Darlings	Amelia	June 17, 2010
Angels	Powhatan	June 25, 2010
Ponytails	Amelia	June 17, 2010
Belles	Powhatan	June 25, 2010



### District Boys Baseball Tournament

Dixie A T-Ball	Scottsville	June 19, 2010
Dixie AA Coach Pitch	Buckingham	June 18, 2010
Dixie AAA Minors	Goochland	July 2, 2010
Dixie Majors	Cumberland	July 9, 2010



### Woman's Softball League

Ages 16 and up

Anyone interested in putting a team in the woman's softball league contact Todd Shumaker, 434 969-4242.

Deadline July 23, 2010

### Co-ed Softball League

Anyone interested in putting a team into adult Co-ed Softball league contact Todd Shumaker, 434 969-4242. League will start the end June. Deadline June 18.

### Co-ed Volleyball

Anyone interested in playing open gym Co-ed volleyball (ages 16 & up) contact Todd Shumaker, 434 969-4242. Will start in fall.

### Girls Softball Clinic

Ages: 8-14  
 Date: July 12-15  
 Deadline: July 2  
 Time: 9:00 am -12:00 pm  
 Cost: \$40.00 Includes T-Shirt  
 Location: Buckingham Middle School  
 Instructor: Missy Shores

### Women's Self-Defense Class

If any women are interested in taking a self-defense class, please contact Todd Shumaker, Buckingham Co. Recreation Director at (434) 969-4242. Need a minimum of eight students to have a class.



### Swimming Lessons

Nazarene Campground (across from BCMS)

Cost: \$40.00

July 5- 9	Ages 5-7	(M-T) 6:30-7:10 PM Friday Class 10:00-10:40AM
	Ages 8-12	(M-T) 7:15 – 8:15PM Friday Class 10:45-11:45AM
July 12-16	Ages 3-5	(M-T) 6:30-7:00PM Friday Class 10:00-10:40AM
	Ages 6-9	(M-T) 7:15-8:00 PM Friday Class 10:45-11:45AM

Deadline July 1, 2010

### Buckingham Co. Recreation Dept. Registration Form

Complete registration form and mail to Buckingham Co. Recreation Dept., P. O. Box 252, Buckingham, VA 23921

### Swimming Class Registration Form

Date Of Class: \_\_\_\_\_ Age \_\_\_\_\_

Name \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

\_\_\_\_\_  
 Signature of Parent/Guardian (If under 18)

## Buckingham Junior Golf Clinic



Clinic: June 22, 23 & 29, 2010  
 Ages: 6 - 17  
 Time: 9:00 AM - 1:00 PM  
 Location: Farmville Municipal Golf Course  
 Fee: \$15.00/day (includes lunch)

Each person will need to bring golf clubs and golf balls, or we can provide them for you.  
 A bus will be leaving the Buckingham County High School at 8:15 a.m. for anyone needing transportation.

**Registration Deadline June 18, 2010**

## Buckingham Junior Golf Championship

Tournament: June 30, 2010  
 Ages: 6 - 17  
 Days: Thursday  
 Time: 9:00 AM - 1:00 PM  
 Location: Farmville Municipal Golf Course  
 Fee: \$15.00 (includes lunch)



Each person will need to bring golf clubs and golf balls, or we can provide them for you.  
 A bus will be leaving the Buckingham County High School at 8:15 AM for anyone needing transportation.

**Registration Deadline July 18, 2010**

### Schedule of Events

05/02/2010 to 10/17/2010	James River Geocaching/GPS History Hides in it
05/29/2010 7:30PM	Bluegrass Under the Stars
06/05/2010 9:00AM	James River Cleanup
07/03/2010 7:30PM	Bluegrass Under the Stars
08/07/2010 7:30PM	Bluegrass Under the Stars
09/04/2010 7:30PM	Bluegrass Under the Stars
09/18/2010 9:00AM	James River Cleanup
10/09/2010 7:00PM	Autumn Sky Watch
10/16/2010 4:00PM	James River Fall Festival & Haunted Wagon Ride

For additional information or to sign up for a specific event, contact the park office at (434)933-8527 or email [jrinterpreter@dcr.virginia.gov](mailto:jrinterpreter@dcr.virginia.gov)

### History Hides In It

**Location:** Throughout Park **Extra Event Fee Charged.**

Thought you knew James River State Park? Think again! This geocache tour of the park offers guests an insight to the history behind the hills. Pack a sack and get ready to find some of the park's best hidden secrets! GPS units are available to rent from the Contact station during operating hours, or bring your own and pick up a brochure for free! GPS rental fee: \$10/day \$6/ half day.

### Bluegrass Under the Stars

Enjoy great music overlooking the historic James River. "In the Tradition" hosts a different guest band every month. Bring lawn chairs or blankets. Music starts at 7:30pm. \$10 per person, kids under 12 years old are free!

### James River Regional Cleanup

Come out to the park and help us keep our stretch of river clean! We will float from Bent Creek to Dixon Landing and clean up trash from the river along the way. To sign up for this event, contact the park.

### Stewardship VA River Cleanup

Come out to the park and help us keep our stretch of river clean! We will float from Bent Creek to Dixon Landing and clean up trash from the river along the way. To sign up for this event, contact the park office.

### **James River Fall Festival and Haunted Wagon Ride**

Join us for food, live music and good old-fashioned fun for the whole family. Wagon rides to the Tye River Overlook are \$3 per person or \$8 per family. And don't miss face painting, candle dipping, the corn husking bee, pumpkin painting, butter churning, herbal butter tasting, apple pressing, a corn shelling demonstration, apple bobbing and sack races. Learn how to make a corn husk doll. A small fee is charged for pumpkin painting and face painting. Don't miss the bonfire at 6:30. At 7 p.m., haunted wagon rides commence; they are \$5 per person.

### **Spring and Autumn Sky Watch**

Join the Crewe Astronomy club as they turn their telescopes toward the heavens and observe planets and other celestial bodies. In the event of rain, an indoor presentation will be held in the maintenance shop.

### **Interpretive Programs**

Interpretive programs run Thursday through Sunday, Memorial Day through Labor Day.

### **Nature Center Hours**

Come to **the Nature Center** and check out what's going on! Arts and Crafts, Bird Watching, Bird house building, or feeding our live animals are just some of the fun activities that may await you! **Free.**

### **Please Feed the Animals**

Help the park interpreter collect delectable delights for the Nature Center residents. Learn about native animals and their habitats as they enjoy their breakfast. **Meet at the Nature Center. FREE!**

### **Treasure Island**

Hunt for living treasures on the river sandbar known as Treasure Island. Using dip nets and a river seine, river creatures will be captured and identified using field guides. Treasure Island is located on the James River between Canoe Landing and Dixon Landing. **FREE.**

### **Tye River Overlook Wagon**

Take a ride with our Interpreter **from the canoe livery** to the scenic Tye Overlook. Discover some history behind this beautiful spot while taking in the view. **Pre-registration required. \$3/person, \$8/ family.**

### **Walk through Nature**

Join our Interpreter on a hike through the park and experience the wonderful outdoors! **Meet at the Nature Center. FREE!**

### **Pond Critters**

**Join the Naturalist to investigate Green Hill Pond. Using nets and microscopes, we will search for critters of all sizes. Meet at Green Hill Pond. FREE!**

## **Karate Program**

### **Now is your chance**

Learn Discipline  
Learn Self-Defense  
Build Confidence  
Build Character  
Become Motivated



Come out and try it. This is a great program  
Karate Lessons in the Buckingham Agriculture  
Building. Ages 4 to Adult  
Every Wednesday (year-round) 3:30-5:30 PM  
Fee: \$38.00 Instructor: James Walker



## **Sawtelle School of Arts & Awareness**

### **Year Round Classes**

1. Creative Dance which includes ballet, tap, jazz and modern dance
2. Domestic Arts
3. Reiki
4. Meditation
5. Circle of Friends Gathering
6. Music lessons (piano & guitar)
7. Exercise classes (incorporating aerobic, yoga, pilates)
- 8.

Location: Buckingham Agriculture Building  
Call (434) 969-2951 for information about classes and fees.

## **Flag Football**

If anyone is interested in entering a team into Adult Flag Football League please contact Todd Shumaker, 434 969-4242

## Buckingham Equestrian Center Summer Camp Schedule

June 14<sup>th</sup> – June 19<sup>th</sup>  
Show Camp

June 21<sup>st</sup> – June 25 &  
July 26<sup>th</sup> – July 30<sup>th</sup>  
Beginner/Intermediate Camp

July 12<sup>th</sup> – July 16<sup>th</sup>  
Intermediate/Advanced Camp

Please contact Mary for further information at 434-983-7427  
[Mary3065@kinex.net](mailto:Mary3065@kinex.net)

We have an indoor and outdoor all weather ring so children ride regardless of weather. Mary has 40 years riding and teaching experience. The farm is location off of Buffalo Rd. (Route 631) ½ mile off of Route 20.

### Buckingham Equestrian Center 2010 VHSA Hunter Summer Show Series

Date	Judge
April 24	Robin Wood
May 22	Kiwi Dale
June 19	Glen Moody
Sept. 4	Anne Weir
Oct. 2	Pam Dent

For Further Information Contact:  
Mary Svalstedt (434)983-7427  
or

[www.buckinghamquestriancenter.com](http://www.buckinghamquestriancenter.com)

## Walker's Okinawan Karate



### Aerobics Class

Karate Aerobics Class: Sept. 22 – Oct. 27, 2010

Days: Wednesdays 6:00 – 7:00 PM

Location: Buckingham Agriculture Building

Fee: \$30.00

**Deadline: Sept. 17, 2010**

### Adult Karate Class (Year-round Program)

#### Learn about Martial Arts

Days: Wednesdays 5:15 – 7:00 PM

Location: Buckingham Agriculture Building

Fee: \$38.00 (month)

Minimum of 8 students required for a class. Mail reg. form or call Todd Shumaker at 434-969-4242 for more information.

### YOGA CLASS

Yoga Class: Year-round Program  
(Ages 12 – Adult)

Hatha – 1 Beginners

Hatha – 1 Intermediate

Instructor: Hope Mell

Classes every Thursday 5:30 - 7:15PM

At the Buckingham Agricultural Building

Cost: \$30.00 (4 consecutive classes)

or \$45.00 (6 consecutive classes)




You will need: Yoga mat, large towel, or blanket. This class reduces stress and increases health. Yoga will focus on postures, relaxation, breath control and mental concentration. Improves flexibility, strength and balance. Please wear loose-fitting clothing that does not restrict movement. NO JEANS

# Buckingham 4-H Summer Activities Registration Form

Please sign me up for the following 4-H summer activities:

Event	Cost	Sign Me Up!
<b>FOR AGES 5-8</b>		
Cloverbud Weekend (overnight)	\$75	Age <input type="checkbox"/>
Nuggets of Fun	\$40	Age <input type="checkbox"/>
Cloverbud Summer Sensation	\$40	<input type="checkbox"/>
Fantastic 4-H Fun Days: (TUESDAYS)		Please Circle
ALL 8 SESSIONS (t-shirt included)	\$75	<input type="checkbox"/>
OR Daily Participation *To be eligible for trips, youth must attend at least one session prior to each trip		
June 22: The Earth's Movement – day/night, seasons	\$10	<input type="checkbox"/>
June 29: Ecosystems – animal relationships	\$10	Address <input type="checkbox"/>
July 6: Photosynthesis – plants we love	\$10	<input type="checkbox"/>
July 13: Field Trip - Amazement Square/Lynchburg Grows	\$10	<input type="checkbox"/>
July 20: The Sun – solar cooking	\$10	<input type="checkbox"/>
July 27: Water – making waterwheels	\$10	<input type="checkbox"/>
August 3: Field Trip to XXX	\$10	e-mail <input type="checkbox"/>
August 10: Air & Wind – kites and rocket balloons	\$10	<input type="checkbox"/>
Optional t-shirt for daily participants	\$8	Phone <input type="checkbox"/> (D)
<b>FOR AGES 9-13</b>		
Fishing Camp (overnight)	\$75	<input type="checkbox"/> (E)
Nuggets of Fun	\$40	<input type="checkbox"/>
Junior 4-H Camp (overnight)	\$165	<input type="checkbox"/>
Summer Sensation	\$40	*T-Shirt Size (adult) S M L XL
Horse Camp	\$35	(youth) S M L
Fantastic 4-H Fun Days: (THURSDAYS)		• T-Shirts are not provided for fishing clinic and are an additional fee for
ALL 8 SESSIONS (t-shirt included)	\$75	daily Fantastic 4-H Fun Day participants.
OR Daily Participation *To be eligible for trips, youth must attend at least one session prior to each trip		
June 24: The Earth's Movement – day/night, seasons	\$10	<input type="checkbox"/>
July 1: Ecosystems – animal relationships	\$10	<input type="checkbox"/>
July 8: Photosynthesis – plants we love	\$10	<input type="checkbox"/>
July 15: The Sun – solar cooking	\$10	<input type="checkbox"/>
July 22: Field Trip - ???/Lynchburg Grows	\$10	<input type="checkbox"/>
July 29: Water – making waterwheels	\$10	<input type="checkbox"/>
August 5: Wind – kites and Rocket Balloons	\$10	<input type="checkbox"/>
August 12: Field Trip to XXX	\$10	<input type="checkbox"/>
Optional t-shirt for daily participants	\$8	<input type="checkbox"/>
<b>FOR OTHER AGES</b>		<b>Make Checks Payable to Buckingham Extension Fund.</b>
4-H Fishing Clinic	\$10	Mail Registration Form with Check to: Buckingham Extension
Intermediate Congress	\$150	Office PO Box 227, Buckingham VA 23921
State 4-H Congress	\$180	<input type="checkbox"/>

Date of Birth: \_\_\_\_\_  
 Gender Male Female

I am able to be a parent volunteer on \_\_\_\_\_ days listed below. Please call me to discuss the possibilities.  


Fees are fully refundable 3 weeks prior to the program, 50% refundable 2 weeks prior, and non-refundable after that.

**TOTAL COST:** \_\_\_\_\_

# ***Buckingham 4-H Summer Activities***

## FOR YOUTH AGES 5-8

**Cloverbud Weekend (overnight)**            \$75  
@ Holiday Lake 4-H Center  
June 11-13  
Theme: The Great Outdoors!

**Nuggets of Fun**                                \$40  
@ Gold Hill Elementary  
June 14-17; 8:00 am – 4:30 pm  
Theme: Fun With Plants

**Fantastic 4-H Fun Days**                    \$40  
@ Buckingham Agricultural Center  
Tuesdays, June 22-July 10; 8:00 am – 4:30 pm  
Theme: Our Earth

**Cloverbud Summer Sensation**            \$40  
@ Buckingham Agricultural Center  
July 19-22; 8:00 am – 4:30 pm  
Theme: Wacky Science /Kid Concoctions

## FOR YOUTH AGES 9-13

**Fishing Camp (overnight)**                \$75  
@ Holiday Lake 4-H Center  
June 4-6  
Theme: Fishing

**Nuggets of Fun**                                \$40  
@ Gold Hill Elementary  
June 14-17; 8:00 am – 4:30 pm  
Theme: Fun With Plants

**Fantastic 4-H Fun Days**                    \$40  
@ Buckingham Agricultural Center  
Thurs., June 24 –Aug. 12; 8:00 am – 4:30 pm  
Theme: Our Earth

**Junior 4-H Camp (overnight)**            \$165  
@ Holiday Lake 4-H Center  
June 28-July 2  
Theme: Backpacking Through Europe

**Summer Sensation**                            \$40  
@ Buckingham Agricultural Center  
July 12-15; 8:00 am – 4:30 pm  
Theme: Ecology and the Environment

**Horse Camp**                                    \$35  
@ Eureka Knoll Farm (Curdsville)  
July 22-24 (Thurs.-Sat.); 8:00-11:30 am  
Theme: Basic Horsemanship



## Men's Softball League



To enter a team in the men's softball league call Todd Shumaker (434) 969-4242  
Games will start at the beginning of Sept. 2010  
Deadline for team entry Aug. 6, 2010

### Youth Football Sign-ups

Buckingham High School Track Field  
July 26 & 27, 2010  
6:30-8:00 PM

Gene Dixon Ball Park  
June 12, 19 & 26, 2010  
10:00AM-2:00PM



Ages 5 – 13 (age as of Sept. 1)  
First Day of Practice, Aug, 2, 2010  
Cost: \$45.00 (per child)

## Youth Football Free Conditioning Camp

Date: July 12-15, 2010  
Age: 7-13  
Time: 6:00 – 7:30PM  
Location: Gene Dixon Ball Park



## Buckingham Fundamental Free Football Camp

### Buckingham County High School

Date: July 26-28, 2010  
Ages: 7 – 18  
Time: 6:30 - 8:00 PM

## Girls Cheerleading Sign-ups for Football

Location: Gene Dixon Park  
Ages: 6-13  
Date: June 12, 19 & 26  
Time: 10:00AM – 2:00PM  
Cost: \$45 first child, \$40 second child

## Buckingham Instructional Co-ed Basketball Camp



Camp: July 19-22, 2010  
Ages: 8 - 14  
Time: 9:00 a.m. - 12:00 p.m.  
Location: Buckingham High School  
Fee: \$25.00 (includes tee-shirts)

**Rick Calwell**, Former Player - Hampden Sydney College  
**Dwayne Braxton**, Former Player - James Madison University  
Deadline: July 5, 2010

Buckingham Co. Recreation Dept. Registration Form

## Co-ed Basketball Camp

Complete registration form and mail to Buckingham Co. Recreation Dept., P. O. Box 252, Buckingham, VA 23921

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

Age \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Signature of Parent/Guardian (If under 18)

### TEE-SHIRT

Circle Tee-Shirt Size Youth S M L  
Adult S M L XL



## The Commonwealth Games

The Commonwealth Games is an Olympic-style amateur sports festival for male and female athletes of all ages and abilities. The Commonwealth Games is produced by Virginia Amateur Sports, Inc., a non-profit corporation located in Roanoke. The concept of the State Games movement is to provide an avenue for

positive personal development through sports, to recognize dedication and achievement, to promote health, fitness, and the camaraderie of competition. The 2010 Games will feature the sporting events:

Archery	Field Hockey	Running
<b>Auto cross</b>	<b>Golf – Junior</b>	<b>Soccer</b>
Badminton	Gymnastics	Softball
Baseball	Ice Hockey	Swimming
Basketball	Karate	Tennis
Bowling	Kayaking	Track & Field
Chess	Lacrosse	Volleyball
Cycling	Mountain Biking	& many more

### ELIGIBILITY:

1. Resident of VA for 30 days prior to the first day of competition – OR-
2. Students enrolled at a VA academic institution –OR-
3. U.S. Military personnel of family members stationed at a base in Virginia. *Exceptions:* Persons residing in adjacent states who belong to a club based in Virginia, which regularly competes in Virginia - OR - Persons who are employed full time in Virginia.

Date: July 16, 2010 Open Ceremonies at Roanoke Civic Center

### AGE:

There is no particular age required to participate in the Commonwealth Games. In general, age division, will be determined by the athlete's age as of the first day of competition.

For more information go to [www.commonwealthgames.org](http://www.commonwealthgames.org) or call Todd Shumaker at 969-4242



## Co-ed Soccer Sign-ups

Dates: Aug. 3,4,5, 2010  
 Time: 5:30-6:30PM  
 Date: Aug.7, 2010  
 Time: 10:00-11:30AM  
 Location: Behind Dillwyn Primary School  
 Ages: 6-17 (age based upon Sept. 1)  
 Cost: \$40.00  
 \$45.00 if signup after Aug. 12

Soccer Season will start Aug.10, 2010 at 5:30PM

- If any adults would like to help coach, please contact Todd Shumaker, 969-4242.

## Co-ed Soccer Sign-ups

Dates: Aug. 3,4,5,12,14, 2010  
 Time: 5:30-6:30 PM  
 Location: To Be Announced  
 Ages: 4-5 (ages based on age as of Sept. 1)  
 Cost: \$35.00  
 \$40.00 if signup after Sept. 1

Soccer Season will start Aug.30, 2010.

## Coaching Soccer

Anyone interested in coaching Co-ed Soccer, ages 4 - 17 contact Todd Shumaker, 434 969-4242.

## Girls Tennis Clinic



Dates: August 2-5, 2010  
 Cost: \$20.00  
 Ages: 8-18  
 Beginners & Intermediate 6:00-7:30 PM  
 Location: Buckingham High School  
 Deadline: July 30, 2010  
 Instructor: Erin Lake

## Quick Start Tennis

Ages 6 – 11

Location: Ellis Acres Memorial Park  
1<sup>st</sup> Clinic June 21-25 6:00–7:00PM  
2<sup>nd</sup> Clinic June 28-July 2 6:00-7:00PM  
Fee: \$20.00  
Deadline: June 16

Quick Start Tennis is a growing program that USTA (United States Tennis Association) has developed. This program introduces tennis to youth at a earlier age. The equipment is made in a smaller version so children can learn while having fun playing tennis.

## Outdoor Watercolor Class

Date &Time: June 26 9:00AM to 4:00PM  
June 27 1:00PM to 4:00 PM  
Deadline: June 22  
Instructors: Nan Holt & Martha Louis  
Location: Col Alto, the Pennington home on  
Howardsville Rd.(directions will be provided)  
Cost: \$55 for two days

Students must provide their own supplies. Beginners and more advanced painters welcome, as well as people working in other media. Be prepared for outdoor environment, comfortable clothing, insect repellent and sunscreen. Bring a sandwich for Saturday lunch. Drinks will be provided  
For more information call Nan 969-1377, or contact Buckingham County Dept. of Recreation

## Summer Arts Camp

Date: July 5-9, 2010  
Time: 9:00AM-3:00PM  
Ages: 9 to 14 yrs  
Location: Buckingham Arts Center  
Cost: \$30.00  
\$5 discount for BCAC members  
\$5 discount for multiple children from the same family  
Dancing, Pottery, Sculpture, Polymer Clay, Enameling,  
Watercolors and more  
Team Leaders positions still available  
To register early or more information, contact  
Becky Lutz 969-3201  
Venis Powers 390-6471

## Papermaking

Date: June 21 & 23  
Time: 9:30 – 11:30  
Location: Buckingham Arts Center  
Ages: 8-14  
Cost: \$35.00  
Instructor: Elizabeth Jones  
Deadline: June 16

Go green! Learn to recycle old paper and add some dried flowers and/or many unexpected ingredients to create your own unique and beautiful papers. Students will also learn how to use their papers in fun and interesting ways.

## Christmas in July

Date: July 12 & 14  
Time: 9:30-11:00  
Location: Buckingham Arts Center  
Ages: 10 and up  
Cost: \$40.00  
Instructor: Elizabeth Jones  
Deadline: July 7

Learn to create unique and beautiful Christmas ornaments from materials found in nature and in your own yard. Come ready to be creative!

## Sprouse's Corner Ranch, LLC

Is a family owned and operated horse and cattle operation in the Heart of Virginia. Horse boarding, riding lessons, pony parties, horse shows, camps and workshops are all a part of what we do at the Ranch. We specialize in learning and living with horses with an emphasis on fun. We invite you to join our family on this journey of learning and living- the exciting way.

### 2010 Summer Camp Dates

#### Jr. Hoof Picker Camp June 7-11, 2010

This camp is offered for 3-7 year olds. It is from 9AM – 12PM, Monday – Friday. Experienced ponies will teach these junior campers safety and grooming skills at their own pace.

#### Horsemanship I June 14-18, July 12-16

This camp is geared toward beginning and intermediate students, ages 7-16. English and western riding lessons will be taught by LaRue Dowd, who is a CHA certified instructor. Lessons are formatted in a progressive manner emphasizing communication skills, body alignment and balance. Fun and safety will be emphasized in the saddle and on the ground. Riders will participate in crafts and games with their horses. Following a cookout and a hayride, campers will perform a horse show for the parents and family on the last day of camp. \$225 (includes lunch and camp t-shirt)

#### Horsemanship II August 2-6

This camp is offered for intermediate and advanced riders or riders who have completed Horsemanship I camp. Riding lessons will focus on developing an independent seat, more advanced riding skills, and a more in-depth study of horse management skills. This camp introduces hunt seat, western, gymkhana, and saddle seat riding styles, as well as the opportunity to learn to drive a cart. Campers will also have the opportunity to go on a field trip (last year, we went to Bucking B Ranch). Following a cookout and a hayride, new skills will be demonstrated to the parents and family on the last day of camp. \$250 (includes lunch and camp t-shirt)

16680 W. James Anderson Hwy.  
Buckingham, VA 23921 (434)983-8181  
[www.SprousesCornerRanch.com](http://www.SprousesCornerRanch.com)



### Zumba Fitness

#### An Exciting New Aerobic Exercise Class

Zumba fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic fitness program that will blow you away

Class Dates: Tuesdays, Year Around  
Class Times: 6:00 PM – 7:00 PM  
Location: Buckingham Agricultural Center  
Class Fee: \$30.00 or \$7.00 a class

### Adult Ballroom & Latin Dance Classes

Date: June 8 – August 3, 2010 ( no class on July 6)  
Time: Tuesdays, 6:30 – 8:00 PM  
Cost: \$35.00  
Location: Buckingham Arts Center  
Instructor: Sandra Mangialetti

Date: Sept. 7 – Nov. 9, 2010



Time: Tuesdays, 6:00 – 7:30 PM  
Cost: \$40.00  
Location: BCHS Concourse Area  
Instructor: Sandra Mangialetti

Students will be given a taste of five different Ballroom and Latin dances. They will learn about four different steps to each dance. Dances covered may be Waltz, Rumba, Cha-Cha, West Coast Swing, and Salsa/Mambo

### Boys Baseball Clinic

Ages: 8-14  
Date: July 12-15  
Deadline: July 2  
Time: 9:00 am -12:00 pm  
Cost: \$40.00 Includes T-Shirt  
Location: Buckingham Middle School  
Instructor: Mike Jones

**Buckingham Co. Recreation Dept. Registration Form**

Complete registration form and mail to Buckingham Co. Recreation Dept., P. O. Box 252, Buckingham, VA 23921

Name of Program \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_

Birthdate \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Signature of Parent/Guardian (If under 18)

**TEE-SHIRT**

Circle Tee-Shirt Size	Youth	S	M	L	
	Adult	S	M	L	XL

**Buckingham Co. Recreation Dept. Registration Form**

Complete registration form and mail to Buckingham Co. Recreation Dept., P. O. Box 252, Buckingham, VA 23921

Name of Program \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_

Birthdate \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Signature of Parent/Guardian (If under 18)

**TEE-SHIRT**

Circle Tee-Shirt Size	Youth	S	M	L	
	Adult	S	M	L	XL

**Buckingham Co. Recreation Dept. Registration Form**

Complete registration form and mail to Buckingham Co. Recreation Dept., P. O. Box 252, Buckingham, VA 23921

Name of Program \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_

Birthdate \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Signature of Parent/Guardian (If under 18)

**TEE-SHIRT**

Circle Tee-Shirt Size	Youth	S	M	L	
	Adult	S	M	L	XL

**Buckingham Co. Recreation Dept. Registration Form**

Complete registration form and mail to Buckingham Co. Recreation Dept., P. O. Box 252, Buckingham, VA 23921

Name of Program \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_

Birthdate \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Signature of Parent/Guardian (If under 18)

**TEE-SHIRT**

Circle Tee-Shirt Size	Youth	S	M	L	
	Adult	S	M	L	XL